

**FY23** 



VERMONT
ARMY NATIONAL GUARD
CHILD & YOUTH
PROGRAM
ANNUAL REPORT

## MISSION & GOALS



#### MISSION

To positively impact Soldier and Family readiness, resilience, and retention by providing secure, timely, flexible, and high-quality youth development opportunities and resources which promote the overall well being of Vermont National Guard Children and Youth.

#### **GOALS**

PROVIDE life-skills and peer-to-peer connections to increase overall Soldier & Family readiness

BUILD community capacity by developing partnerships with education & community resources that support geographically dispersed Military Youth & Families

EXPAND access to and awareness of Federal, State, and Community benefits that support Military Youth

UTILIZE leadership and Service Learning opportunities in ARNG Children & Youth.

CAPITILIZE on research based curriculum as a means of increasing the resiliency skills in ARNG Youth to promote Soldier and Family readiness & retention



## FY23 HIGHLIGHTS

- TEEN COUNCIL MEETING
- OVERNIGHT CAMP
- YELLOW RIBBON EVENTS
- 3 DAY CAMPS
- 4 MOMC EVENTS
- JOINING COMMUNITY FORCES
- COMMUNITY OUTREACH BRIEFS
- 8 EDUCATION OUTREACH
  - MILITARY APPRECIATION EVENTS





#### **PARTICIPANTS SERVED**

|               | Army<br>NG | Air NG | Army | Air<br>Force | Navy | Marine | Coast<br>Guard | Gold<br>Star | Civilian |
|---------------|------------|--------|------|--------------|------|--------|----------------|--------------|----------|
| Adult         | 881        | 230    | 16   | 28           | 10   | 1      | 4              | 6            | 1248     |
| Aged<br>6-12  | 403        | 187    | 3    | 15           | 9    | 0      | 1              | 0            | 328      |
| Aged<br>13-18 | 211        | 99     | 2    | 15           | 4    | 0      | 1              | 0            | 188      |

### PROGRAM SPOTLIGHT

#### TEEN PANEL

In April of FY23, we successfully hosted one Teen Panel Meeting, which included six, soon to be, high school graduates who served as members. We are grateful for the time and effort they dedicated to being the voice for Vermont Military Teens. As we enter FY24, we are excited to focus on recruiting new members and re-building this influential leadership program.

#### **RESILIENCE TRAINING**

This curriculum is based on a strengths-focused approach, adapted from the resilience program taught to ARNG Soldiers and their spouses. It provides a common language for families to use when dealing with challenges and building resilience. In FY23, we were not able to host any training for teens. We look forward to revitalizing this important curriculum in FY24.

#### MONTH OF THE MILITARY CHILD

In 2023, the State of Vermont officially designated April as the Month of the Military Child. To kick off the occasion, Vermont's Military Kids were acknowledged and celebrated at the Statehouse with the passing of a House Concurrent Resolution and a Governor's Proclamation. That was only the beginning of the festivities! A virtual packet was sent out to 113 young people to commemorate the event. We also teamed up with Military Kids Vermont to provide a day camp for 32 youths, and a leadership day for 13 teenagers, celebrating the contributions of military kids in Vermont.

#### **WINTER BREAK DAY CAMP**

The three-day Winter Break Camp was a blast for 29 youth who participated in various activities. They worked alongside the Shaolin Kempo Karate team, built valuable peer relationships, honed their resiliency skills, and focused on leadership development. In addition, they also dedicated their time to a community service project, and of course, had lots of fun!

# COMMUNITY PARTNERS & VOLUNTEER SUPPORT

and workshops.







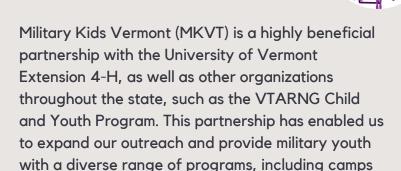








#### Spotlight: MKVT





The program greatly benefited from the contributions of volunteers. Our team of 28 selfless individuals dedicated a total of 212 hours to support military youth and families during various events. Without their generous assistance, we would not have been able to host our Winter Break Day Camp, Polar Express Event, Unit Family Days, and Military Appreciation events.









## CONTACT US

Lead Child and Youth Coordinator





Find us on Facebook
"VTNG CYP"



